

August Program Highlights

Urbana Senior Center

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www.FrederickCountyMD.gov/aging

Youth: Learn to Knit/Crochet

We'll teach you how to knit or crochet a dishcloth in this 3-week class. This class is for any youth ages 10-16.

Date: Tuesdays: August 2, 9 & 16

Sign-up by Thursday, July 28

Time: 1:30-3:00 p.m.

Age: 10-16 years old

Cost: Free but bring your own supplies

- "H" or "I" crochet hook **or**
size 7 or 8 - 10" long knitting needles
- 1 skein (approx. 2 ½ oz) cotton yarn (such as Lily Sugar'n Cream)

Supper Club

Join us for dinner at a local restaurant the first Tuesday of each month. Sign-up is required since we will be making reservations.

Date: Tuesday, August 2

Time: 5:00 p.m. **Cost:** Separate checks

Restaurant: Athens (Jefferson Street)

Boxed Lunch with Nurse Steve

Bring your friends and enjoy a delicious boxed lunch. Nurse Steve's talk will be "How can I make sure I'm taking care of my eyes: A discussion of healthy eyes, and common eye conditions that can affect vision."

Date: Thursday, August 11

Sign-up by Thursday, August 4

Time: Noon

Cost: \$4.68 (Regular meal cost)

Artful Creations

Create unique and fun art work! This month will be shadow tracing art.

Date: Wednesday, August 10

Sign-up by Thursday, Aug. 4

Time: 1:00 p.m. **Cost:** Donation

Chinese Seniors: Community Gathering

Do you want to meet other Chinese older adults? The center will host a meet and greet your Chinese neighbors.

Date: Monday, August 22

Time: 1:00 p.m. **Cost:** Free

Teens Teach Tech

Do you have tech questions? Drop in to learn some technology literacy skills from tech savvy teens. Topics covered may include tablets, smart phones and laptops. This is a joint program with the Urbana Regional Library.

Date: Tuesday, August 2

Time: 3:00 p.m. **Cost:** Free

Summer Game Show Olympics (all activities are free)

The Inside Scoop: Education & Ice Cream - Games Show

Learn the history of game shows. We'll also enjoy playing some group games.

Date: Tuesday, Aug. 16 **Time:** 6:00 p.m.

BINGO

Join us for an afternoon of BINGO sponsored by Country Meadows Retirement Communities. A sub sandwich lunch will also be provided.

Date: Wednesday, Aug. 17 **Time:** Noon

Family Feud

Date: Monday, Aug. 29 **Time:** 1:00 p.m.

Minute to Win It

Date: Tuesday, Aug. 30 **Time:** 6:00 p.m.

Deal or No Deal

Date: Wednesday, Aug. 31 **Time:** 1:00 p.m.

Wheel of Fortune

Date: Thursday, Sept. 1 **Time:** 1:00 p.m.

(see other side for calendar of activities)